



(352) 678-8308

Should you choose to schedule a behavioral health follow-up appointment, please write the date and time here:

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The location of the appointment is:

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For more information:

Hernando County Sheriff's Office  
P.O. Box 10070  
Brooksville, FL 34603-0070  
(352)754-6830



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**HERNANDO  
COUNTY  
SHERIFF'S OFFICE**

*Al Nienhuis, Sheriff*

**Behavioral Health  
Follow-Up**

**Emergency  
Dial 9-1-1**



**Al Nienhuis, Sheriff**

The  
Hernando County Sheriff's Office,  
in conjunction with  
BayCare Behavioral Health,  
would like to offer valuable  
information that may assist our  
citizens with behavioral health  
follow-up needs.

If you or someone you know are in  
a crisis situation and need  
immediate **EMERGENCY** assistance,  
please **DIAL 9-1-1**.

*Community Health Activation Team &  
Urgent Family Care is pleased to offer*  
***Coping Skills Classes and Care Navigation***  
*for children and families in Hernando County*

BayCare Behavioral Health

(352) 678-8308

**Coping Skills Classes are available via  
referral through the care navigators and  
school guidance counselors.**

**Skills learned help with:**

- Dealing with loss
- Coping with stress
- Handling anger appropriately
- Anxiety issues
- Problems responding to problems
- Making healthy choices

**Care Navigation helps to remove  
barriers in accessing behavioral health  
services such as:**

- Substance Abuse Outpatient Counseling
- Mental Health Outpatient Counseling
- Psychiatric Services
- Children's Acute Care Unit

**Urgent Family Care also helps with:**

- Urgent behavioral care support
- Preventative services
- Assistance in referrals for services